

SPRING BREAK COMMUNICATION FROM WOOD COUNTY HEALTH DEPARTMENT

With Spring Break approaching, we are receiving questions about what actions we might take to keep individuals safe and prevent the spread of COVID-19 within our schools. Currently, we recommend that those who have travel plans use good judgment about whether to keep those plans or research cancellation/rescheduling options. The CDC maintains travel guidance at:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>.

It is important to note that the last two cases of COVID-19 identified in Wisconsin were a result of *domestic* travel. These individuals did not travel to any other high-risk countries. Even if you are traveling within the United States, there is some risk for exposure to COVID-19. Information about cases state by state can be found here: <https://www.livescience.com/coronavirus-updates-united-states.html>.

If you decide to travel, please keep in mind that this is a rapidly evolving situation. The possibility exists that those returning from travel, even to areas within the United States, may be asked to self-monitor for 14 days following their return and report their health condition regularly to administration. While remote, there is also a possibility that a 14-day quarantine could be imposed, depending on the areas visited. Consult with the Wood County Health Department on a case-by-case basis to make decisions about self-monitoring and quarantine.

Anyone traveling (international or domestic) should:

- Wash hands with soap and water frequently.
- Carry and use hand sanitizer.
- Do not touch your face (eyes, mouth, nose) ever.
- Cough or sneeze into your sleeve/elbow.
- If you develop a cough or fever after traveling, contact your provider for instructions.

If you have specific questions as you make your travel decisions, please feel free to reach out to the Wood County Health Department at 715-421-8911.