

PESD Quarantine Guideline Changes

December 7, 2020

The Wood County Health Department has provided the schools with new guidance specifically concerning those individuals who have to quarantine due to being a close contact with a COVID-19 positive individual. The new guidance does not affect those who are symptomatic or who have been diagnosed with COVID-19.

If you have been directed to quarantine due to being a close contact with a COVID-19 positive individual or close contact with a suspected COVID-19 case, then the following may be utilized for quarantine guidelines:

1. Student may return after **14 days** if he/she:
 - a. Has not developed symptoms of COVID-19, **and**
 - b. Has monitored for symptoms daily.

Or

2. Student may return from quarantine after **10 days** without testing if he/she:
 - a. Has not developed symptoms of COVID-19, **and**
 - b. Has monitored for symptoms by completing the daily symptom monitoring system during quarantine (see page 2), **and**
 - c. Seek clearance from School District Health Office* or seek an early release from quarantine letter from the Wood County Health Department by contacting 715-421-8911, **and**
 - d. If necessary, present a letter of release to school administration or health personnel and continue to monitor daily for symptoms of COVID-19 through at least the end of the full 14-day initial quarantine period.

Or

3. Student may return from quarantine after **7 days** if the result of a diagnostic COVID-19 test is negative if he/she:
 - a. Has a test collected within 1-2 days before the potential last day of quarantine, i.e. on day 6 or 7 of quarantining, **and**
 - b. Has not developed symptoms of COVID-19, **and**
 - c. Has monitored for symptoms by completing the daily monitoring system, **and**
 - d. Seek an early release from quarantine letter from Wood County Health Department, who will verify the test result is negative before release from quarantine, by contacting them at 715-421-8911, **and**
 - e. Present that letter of release to school administration or health office personnel and continue to monitor daily for symptoms of COVID-19 through at least the end of the 14 day initial quarantine period.

If student develops symptoms of COVID-19 while on quarantine, then get them tested and also keep household contacts at home. Call or email the school nurse or health aide with questions in regard to the day of return to school.

If you have questions regarding this information you may contact the Wood County Health Department at 715-421-8911 or you may contact the School Nurse, Cathy Guse either at guseca@pesd.k12.wi.us or at 715-887-9000 ext. 202 or the School Health Aide, Betsy Mancl either at manclbe@pesd.k12.wi.us or at 715-887-9000 ext. 421.

*Health office personnel will contact the Wood County Health Department and report end of quarantine clearance information.

Per guidance from the Wood County Health Department; the Wisconsin Department of Health Services and the CDC

14-day Fever and Symptom Tracker - COVID-19

Name			Age (years)	Sex <input type="checkbox"/> Male <input type="checkbox"/> Female
Street Address	City	State	Your Telephone Number	
Local Health Department		Telephone Number – Daytime	Telephone Number – After hours	

Put the **current date** in the space provided for the next 14 days. Take your temperature twice a day; **once in the morning (a.m.) and once in the evening (p.m.)**, circle **Yes** or **No** if you have fever or are feverish, then write your temperature in the space.

Circle **Yes** or **No** - If you have a cough, sore throat, or shortness of breath for each day.

Do not leave any spaces blank. If you have a fever or any symptom, immediately call your doctor.

Date (month/day) (Days 1-14)	Feverish?	Temperature Morning (a.m.)	Temperature Evening (p.m.)	Cough	Sore Throat	Shortness of Breath	Other Symptoms
1	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
2	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
3	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
4	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
5	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
6	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
7	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
8	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
9	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
10	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
11	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
12	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
13	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	
14	Yes / No	°C / °F	°C / °F	Yes / No	Yes / No	Yes / No	